

Why should cosmetologists have an understanding of anatomy and physiology?

Common cosmetology procedures rely on an understanding of human anatomy.

To identify and treat infections, a cosmetologist needs an understanding of anatomy and physiology.

Common hair loss prevention treatments rely on an understanding of human anatomy.

Calculating the time required for a chemical service on hair requires an understanding of physiology.

Which layer of hair is the innermost layer of the hair, and often called the pith or core of the hair?

Hair shaft

Cuticle

Cortex

Medulla

Activators come in several different forms: brush-on bottle, pump spray-on, and _____.

gel

foam

lotion

aerosol

Today, most wigs are cut and finished on _____, and then cleaned and stored on a drying rack.

a block

the client

a form

a mannequin

How many applications of color should you put on the nail when using the dip system?

one

one to two

four

two to three

ones can be described as cool, warm, or _____.

neutral

level

light

dark

_____ tones reflect more light, therefore they look lighter than their actual level.

Cool

Transparent

Warm

Porous

Oxidative hair color is classified as demipermanent (deposit only) and _____ (lift and deposit).

permanent

semipermanent

demipermanent

natural

Contributing pigment, also known as _____, is the varying degrees of warmth exposed during a permanent color or lightening process.

Primary pigment

eumelanin

undertone

pheomelanin

For which of the following nail types would you allow the form sides to come straight out from the natural nail grooves and open to a large circle?

round

oval

almond

ballerina

What is the wig type recommended for a client with no hair or extremely thin hair?

capless wig

cascade

toupee

cap wig

What is the term used to describe a shallow depression of a nail tip, which serves as the point of contact with the nail plate?

well

dip

crack

divot

Which scenario is an example of a situation in which a cosmetologist should understand the endocrine system?

A cosmetologist experiences pain when moving the hands and wrists after prolonged and repeated use.

A pregnant woman shows signs of a skin condition that is related to increased levels of hormones.

A cosmetologist is preparing to shave a client who, in a consultation, mentioned being prone to ingrown hairs.

A cosmetologist is designing a new facial makeup application for a client for a special event.

As part of their composition, all permanent haircoloring products and lighteners contain both a developer and a(n) _____.

decomposing agent

acidic agent

alkalizing ingredient

neutralizing ingredient

_____ tones absorb more light, therefore they look deeper than their actual level.

Cool

Natural

Warm

Transparent

Which cost-effective hair fiber is both naturally reflective and multicolored?

Kanekalon

synthetic

turned hair

yak wool

The highest point in the nail is known as what?

undersides

apex

stress area

C-curve

What is the cure time for an LED lamp?

5 to 10 seconds

5 to 30 seconds

5 to 45 seconds

5 to 60 seconds

Which of the following should a cosmetologist use to overlay the natural nail or to create an extension?

bonding gel

nail cleanser

finishing gel

building gel

Which type of file would you use for removing scratches in the surface of the nail?

coarse-grit

medium-grit

fine-grit

buffer

When the cuticle is tight and the hair is resistant, it is difficult for moisture or chemicals to penetrate. What term describes this condition?

Low porosity

Average porosity

High porosity

Low density

When using heat on human hair wigs, the temperature setting on the styling tool should be ____.

low

high

fast

strong

Capless wigs are made by weaving human or artificial hair into ____, which are long strips of hair with a threaded edge.

fallen

turned

wefts

toupees

____ refers to the strength of the color.

Tone

Porosity

Density

Intensity

What does *polymer* mean?

many units

one unit

initiator(s)

catalyst(s)